

TRENT LEIMKUEHLER

5-POINT CATCHING ACADEMY

9U-11U
11U-14U

ARE YOU READY FOR THIS?

REGISTER NOW

- 1 BLOCKING
- 2 RECEIVING
- 3 THROWING
- 4 FOOTWORK AND STRENGTH
- 5 MENTAL SIDE OF CATCHING



5 WEEKS • 4 CATCHERS PER SESSION • \$295 PER PLAYER

Trent's passion and knowledge of the position will be demonstrated throughout the academy. A core curriculum has been developed to enhance the skills and knowledge of the position. This is a high energy, high expectation academy and we want players that have a strong passion for the most important position on the field. Are you ready for this?

TEACHING TOPICS

- ✓ BLOCKING
- ✓ RECEIVING
- ✓ THROWING TO 2B
- ✓ THROWING TO 3B
- ✓ CALLING PITCHES
- ✓ BUNT PLAY REACTIONS
- ✓ CORE STRENGTH
- ✓ FOOTWORK AND AGILITY
- ✓ CONTROLLING THE RUNNING GAME

ALL CLASSES WILL BE HELD ON TUESDAY

SESSION 1	NOV 20-DEC 18	9U-11U 5:00-6:30 PM	12U-14U 6:30-8:00 PM
SESSION 2	JAN 8-FEB 5	9U-11U 5:00-6:30 PM	12U-14U 6:30-8:00 PM
SESSION 3	FEB 12-MAR 12	9U-11U 5:00-6:30 PM	12U-14U 6:30-8:00 PM
SESSION 4	MAR 19-APR 16	9U-11U 5:00-6:30 PM	12U-14U 6:30-8:00 PM

Balls-n-Strikes Ballwin
203B Ramsey Ln
Ballwin, MO 63021



CALL TO REGISTER TODAY

636-394-2255