

SUMMER CAMP 2018



Classic Summer Camp (Ages 5-6, 7-9, 10-12)

This camp focuses on taking ballplayers to the next level with skill-specific teaching stations. Campers will rotate through drills consisting of hitting, pitching, fielding, agility, run-downs, bunting, base running, cut-offs and relays, plus much more. A World Series game caps off each camp day.

Major Select Level Camp (Ages 8-12)

The Major Select Level Camp is geared towards the National or Major level baseball player. Campers will be taken through an intense camp of drills and skills focusing on core fundamental development. The finer aspects of the game will be covered targeting individual development and game situations.

Hitting Camp (Ages 8-12)

The Hitting Camp targets the serious hitter. The focus of the week is hitting, but other skills will be covered as well. Campers will be taken through hitting teaching stations consisting of directional hitting, staying "inside the ball," rotational hitting, lower half balance and control, power hitting, bat speed drills, plus much more.

Pitchers and Catchers Camp (Ages 9-12)

The Pitchers and Catchers Camp targets all pitchers and catchers. The focus of the week is pitching and catching, but other skills will be covered as well. Campers will be taken through pitching teaching stations consisting of the wind-up, the balance point, the drive leg, the reverse "L," the follow-through, fielding position, pick-offs, injury prevention exercises, plus much more. The catchers will be taught blocking techniques, footwork around the plate, receiving the ball, throws to second and calling a game.

World Series Camp

Join the Balls-n-Strikes Staff for an action packed week of non-stop summer camp games! Campers are going to be grouped by age to make up the teams. This week will consist of all baseball games, all day! Instructors will umpire, pitch and run the games, ensuring a fun-filled atmosphere where campers will get tons of at bats and defensive practice in a competitive game setting.

* All camps end each camp day with a World Series game!

Campers should bring

hat, glove and water bottle
(Please label all equipment)

Details

Camps run 9 a.m. - 12 p.m.
Monday - Thursday (Friday is the rain make-up day)

\$135	Regular Registration				
\$119	Early Registration before March 15				
\$110	2 or more siblings registering together				
\$95	Group of 6-9 players (simply call us with a team name and we will set this up for you)				
\$89	Group of 10+ players (simply call us with a team name and we will set this up for you)				

		Classic Summer Camp	World Series Camp	AAA-Major Select Camp	Pitchers and Catchers Camp	Hitting Camp
May 29-June 1	Chesterfield Valley	X				
	Des Peres Park	X				
June 4-7	Ballwin Athletic Association	X				
	Kirkwood City Park	X				
June 11-14	Chesterfield Valley	X	X			
	Des Peres Park	X				
	Ellisville Athletic Association	X				
June 18-21	Des Peres Park	X				
	Chesterfield Valley	X		X		
June 25-June 28	Ballwin Vlasik Park	X				X
	Chesterfield Valley	X				
July 9-12	Chesterfield Valley	X				
	Kirkwood City Park	X				
July 16-19	Balls-n-Strikes Ballwin	X				X
	Chesterfield Valley	X	X			
July 23-26	Des Peres Park	X				
	Chesterfield Valley	X			X	

2018 Summer Camps

Balls-n-Strikes Summer Camps

Please mail completed form with check or credit card info to:
203B Ramsey Lane Ballwin, MO 63021 Fax 636.394.2256

Name _____ Birthdate _____

Address _____

City _____ State _____ Zip _____

Phone 1 _____ Phone 2 _____

Parent's Name _____ Email _____

Parent/Guardian Name & Signature _____

I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at camp. I agree to abide by the rules and regulations of the camp.

Credit Card # (MC, VISA, Discover) _____ Exp _____

Credit Card Signature _____

Group me with:

- 1) _____
- 2) _____
- 3) _____

Camp Type:

- Classic Summer Camp
- World Series Camp
- AAA-Major Select
- Pitchers and Catchers Camp
- Hitting Camp

Position(s): P C 1B 2B 3B SS OF

Sessions:

May 29-June 1 <input type="checkbox"/> Chesterfield <input type="checkbox"/> Des Peres	June 4-June 7 <input type="checkbox"/> Ballwin <input type="checkbox"/> Kirkwood	June 11-June 14 <input type="checkbox"/> Chesterfield <input type="checkbox"/> Des Peres <input type="checkbox"/> Ellisville	June 18-June 21 <input type="checkbox"/> Des Peres <input type="checkbox"/> Chesterfield	June 25-June 28 <input type="checkbox"/> Ballwin <input type="checkbox"/> Chesterfield	July 9-July 12 <input type="checkbox"/> Chesterfield <input type="checkbox"/> Kirkwood	July 16-July 19 <input type="checkbox"/> Balls-n-Strikes <input type="checkbox"/> Chesterfield	July 23-July 26 <input type="checkbox"/> Des Peres <input type="checkbox"/> Chesterfield
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