



Pro Style Pitching Class

The Pro Style Pitching Class is an advanced pitching program designed to incorporate a pro style philosophy and work ethic into every pitcher. The class will be run by former Arizona Diamondback pitcher Garrett Bauer. Garrett was a two-time Frontier League All-Star and holds several single season and career pitching records for the Rockford Riverhawks of the Frontier League. With a 5 year professional playing career and 8 years of college and high school coaching experience, Garrett has the knowledge to help every pitcher improve their pitching performance. The class will consist of an extensive agility warm-up, pitching mechanical work through drills and bullpens, and a pro style arm and shoulder conditioning program. The Pro Style Pitching Class will help every pitcher learn the proper mechanics and conditioning to help them succeed on and off the mound.

*Classes offered Mondays 4-5pm, 5-6pm, 6-7pm, 7-8pm, or 8-9pm

*Class consist of 2 students and 1 instructor (request class partner below)

*Class schedule November 12, 2012 - March 18, 2013 (excluding holidays)

Pro Style Pitching Class		(mail or fax this portion back to Balls-n-Strikes Brentwood)				
Player(s) Name(s) _____	DOB _____					
Address _____						
City _____	State _____	Zip _____				
Phone H _____	Phone W _____					
Phone C _____	Email _____					
Parent/Guardian Signature _____						
<p>I hereby authorize the director of Balls-n-Strikes camp to act for me according to his/her best judgement in an emergency requiring medical attention.</p> <p>I know of no mental or physical problems, which might affect my child's ability to safely participate in this sport. I will be responsible for any medical or any other charges in connection with our attendance at this facility. I agree to abide by the rules and regulations of this facility.</p>						
<input type="checkbox"/> Single Class - \$60 <input type="checkbox"/> 4 Class Package - \$220 <input type="checkbox"/> 8 Class Package - \$400 <input type="checkbox"/> 12 Class Package - \$540						
Class Time	<input type="checkbox"/> 4-5pm <input type="checkbox"/> 5-6pm <input type="checkbox"/> 6-7pm <input type="checkbox"/> 7-8pm <input type="checkbox"/> 8-9pm					
Class Date(s) _____						
Name on card _____						
Credit Card # (MC, VISA, Discover) _____						
Expiration Date _____	Security Code _____					
Credit Card Signature _____						
Partner Me With _____		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">I am paying by:</td> </tr> <tr> <td style="text-align: center;">Credit Card</td> </tr> <tr> <td style="text-align: center;">Check</td> </tr> <tr> <td style="text-align: center;">Cash</td> </tr> </table>	I am paying by:	Credit Card	Check	Cash
I am paying by:						
Credit Card						
Check						
Cash						
*If your requested class date or time is full, you will be contacted immediately to reschedule						

Mail completed form to: Balls-n-Strikes Brentwood, 1427 Strassner Drive, Brentwood, MO, 63144

Fax completed form to: 314-963-1125

www.bnssports.us