



2018 HIGH SCHOOL BASEBALL AND SOFTBALL PROGRAM

Pick your own time slot! Sign up today!

24 hour notice required on cancelation.

PACKAGE 1

- 8 weeks of classes
- Choose 2: hitting, pitching, catching or fielding
- 1-on-1 instruction
- 1-hour session each week

\$490

PACKAGE 4

- 10 weeks of classes
- Choose 2: hitting, pitching, catching or fielding
- 1-on-1 instruction
- 1-hour session each week

\$595

PACKAGE 2

- 8 weeks of classes
- Choose 2: hitting, pitching, catching or fielding
- 2-on-1 instruction (2 athletes)
- 1-hour session each week

\$270 per athlete

PACKAGE 5

- 10 weeks of classes
- Choose 1: hitting, pitching, catching or fielding
- 1-on-1 instruction
- 30-minute session each week

\$330

PACKAGE 3

- 8 weeks of classes
- Choose 1: hitting, pitching, catching or fielding
- 1-on-1 instruction
- 30-minute session each week

\$270



OPEN TO 8TH GRADERS THRU HIGH SCHOOL SENIORS

The major objective of our high school program is to prepare athletes to perform at their highest level possible during the high school season when college coaches and recruiters are scouting. Our certified staff of instructors will teach college prep techniques/mechanics while building more confidence and improving your mental approach to the game. 24 hour notice required on cancelations.

Limited space available. Spots are reserved in the order they are received.

graham ruopp university of missouri
left image

kameron misner university of missouri
top right image

chase urhan southeast missouri state
bottom right image



HIGH SCHOOL BASEBALL PROGRAM

Name _____ Birthdate ____/____/____

Address _____

City _____ State _____ Zip _____

Phone H _____ Phone W _____ Phone C _____

High School _____ Email _____

Parent/Guardian Name & Signature _____

I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at camp. I agree to abide by the rules and regulations of the camp.

PACKAGE	PROGRAM	LOCATION
<input type="checkbox"/> Package 1	<input type="checkbox"/> Hitting	<input type="checkbox"/> Cape Girardeau 826 B Enterprise Drive, Cape Girardeau, MO, 63701 (P) 573.803.1099
<input type="checkbox"/> Package 2	<input type="checkbox"/> Pitching	
<input type="checkbox"/> Package 3	<input type="checkbox"/> Catching	
<input type="checkbox"/> Package 4	<input type="checkbox"/> Infield	
<input type="checkbox"/> Package 5		

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