



# 2019 HIGH SCHOOL BASEBALL AND SOFTBALL PROGRAM

Pick your own time slot! Sign up today!

24 hour notice required on cancellation.

## PACKAGE 1

- 8 weeks of classes
- Choose 2: hitting, pitching, catching or fielding
- 1-on-1 instruction
- 1-hour session each week

**\$490**

## PACKAGE 4

- 10 weeks of classes
- Choose 2: hitting, pitching, catching or fielding
- 1-on-1 instruction
- 1-hour session each week

**\$595**

## PACKAGE 2

- 8 weeks of classes
- Choose 2: hitting, pitching, catching or fielding
- 2-on-1 instruction (2 athletes)
- 1-hour session each week

**\$270** per athlete

## PACKAGE 5

- 10 weeks of classes
- Choose 1: hitting, pitching, catching or fielding
- 1-on-1 instruction
- 30-minute session each week

**\$330**

## PACKAGE 3

- 8 weeks of classes
- Choose 1: hitting, pitching, catching or fielding
- 1-on-1 instruction
- 30-minute session each week

**\$270**



## OPEN TO 8TH GRADERS THRU HIGH SCHOOL SENIORS

The major objective of our high school program is to prepare athletes to perform at their highest level possible during the high school season when college coaches and recruiters are scouting. Our certified staff of instructors will teach college prep techniques/mechanics while building more confidence and improving your mental approach to the game. 24 hour notice required on cancellations.

Limited space available. Spots are reserved in the order they are received.

graham ruopp university of missouri  
left image

kameron misner university of missouri  
top right image

chase urhan southeast missouri state  
bottom right image



## HIGH SCHOOL BASEBALL PROGRAM

Name \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone H \_\_\_\_\_ Phone W \_\_\_\_\_ Phone C \_\_\_\_\_

High School \_\_\_\_\_ Email \_\_\_\_\_

Parent/Guardian Name & Signature \_\_\_\_\_

I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at camp. I agree to abide by the rules and regulations of the camp.

### PACKAGE

- Package 1
- Package 2
- Package 3
- Package 4
- Package 5

### PROGRAM

- Hitting
- Pitching
- Catching
- Infield

### LOCATION

Cape Girardeau 826 B Enterprise Drive, Cape Girardeau, MO, 63701 (P) 573.803.1099

WWW.BNSSPORTS.US