

June 9 🜟 9am-Noon

Pitching Camp Indoors at Balls N' Strikes

Covers all aspects of pitching: mechanics, pitcher's fielding practice, pick-offs, slide step and wind up

Check to attend this camp

June 18

9am-Noon

Hitting Camp

Notre Dame HS Fields

Covers mechanics, mental approach, bunting, base-running, and proper sliding technique

Check to attend this camp

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June 10

9am-Noon

Hitting Camp

Indoors at Balls N' Strikes

Covers mechanics, mental approach, bunting, baserunning, and proper sliding technique

Check to attend this camp

Covers mechanics, footwork, mental approach, double plays and positioning

Check to attend this camp

June 24 🜟 9am-Noon

World Series Camp

Notre Dame HS Fields

Will consist of competitive games to enhance hitting, base running, outfield, and infield skills in a fun atmosphere for learning

Check to attend this camp

June 17 9am-Noon

Pitching Camp

Notre Dame HS Fields

Covers all aspects of pitching: mechanics, pitcher's fielding practice, pick-offs, slide step and wind up

Check to attend this camp

June 23 ★ 9am-Noon All Skills Camp

Notre Dame HS Fields

Focus on outfield, infield, footwork, and throwing from those positions, hitting, baserunning, and mental approach

Check to attend this camp

Camps are geared toward ages 7-13
To register call 573.803.1099 or
Fill out and mail the registration form and payment to:

Balls N Strikes 826B Enterprise Street Cape Girardeau, MO 63703 Individual Camp Price - \$65
Register for 3 Camps - \$180
Register for 6 Camps - \$320
\$5 off for registering a group of 6 or more

Player Name			Birthdate		
Address		N. Company			
City		State	Zip		
Phone 1	Phone 2	î .			
Email			Į.	() () () () () () () () () ()	
Parent Signature					



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June 10 🖈 9am-Noon Hitting Camp

Indoors at Balls N' Strikes

Covers mechanics, mental approach, bunting, baserunning, and proper sliding technique

Check to attend this camp

June 16 ★ 9am-Noon Fielding Camp

Notre Dame HS Fields

Covers mechanics, footwork, mental approach, double plays and positioning

Check to attend this camp

June 24 🛊 9am-Noon

World Series Camp

Notre Dame HS Fields

Will consist of competitive games to enhance hitting, base running, outfield, and infield skills in a fun atmosphere for learning

Check to attend this camp

June 17 ★ 9am-Noon Pitching Camp

Notre Dame HS Fields

Covers all aspects of pitching: mechanics, pitcher's fielding practice, pick-offs, slide step and wind up

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June 23 ★ 9am-Noon All Skills Camp

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City		State		Zip		
Phone 1	Phone 2					
Email						
Parant Signaturo						