

2021 LITTLE LEAGUE SPRING TRAINING



Balls-n-Strikes Cape Girardeau
826 B Enterprise Street
Cape Girardeau, MO 63703
573-803-1099
www.bnssports.us

**Six Sessions : Mondays March 15, 22, 29, April 5, 12, an 19
\$150 includes all six sessions**

Our little league spring training program was developed to teach young baseball and softball players the fundamentals of the game. Participants will learn how to catch, throw, field, and hit in a small group atmosphere. Our young athletes will learn about teamwork and good sportsmanship. The focus of the league is to have fun, meet new friends, and play ball in a non-competitive environment. Sessions are open to both boys and girls. Tell your friends!

Minimum of 4 athletes per group, maximum of 10 athletes per group.

T Ball (ages 4-5)
5:30 pm - 6:30 pm

Coach Pitch (ages 6-7)
6:30 pm - 7:30 pm

Player Name _____ **Birthdate** _____

Address _____

City _____ **State** _____ **Zip** _____

Phone 1 _____ **Phone 2** _____

Email _____

Parent Signature _____

I hereby authorize the director of the Balls n Strikes camp to act for me according to his/her best judgement in an emergency requiring medical attention. I know of no mental or physical problems which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at camp. I agree to abide by the rules and regulations of the camp.

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