



SUMMER CAMP 2011



Baseball Camps

Date	Time	Location	Price
June 7-8	9-12	Sikeston Recreation Complex	\$85
June 14*	9:30-2:30	Poplar Bluff Recreation Complex	\$65
June 21-22	9-12	Shawnee Sports Complex	\$85
June 28*	9:30-2:30	Perryville Sport Complex	\$65

*Campers should bring a sack lunch

Softball Camps

Date	Time	Location	Price
June 17*	9:30-2:30	Sikeston Recreation Complex	\$65
June 23*	9:30-2:30	Poplar Bluff Recreation Complex	\$85
June 29-30	9-12	Shawnee Sports Complex	\$85

*Campers should bring a sack lunch

Balls-n-Strikes Baseball Camp (Ages 5-8)

This dynamic program is loaded with drills to stress the FUN-damentals of the game. Campers will cycle through teaching stations each day featuring hitting, throwing, fielding, base running and agility. The Rookie Camp focuses on teaching ballplayers sportsmanship, camaraderie, and the right way to play the game.

Balls-n-Strikes Softball Camp (Ages 5-12)

This program focuses on teaching the FUN-damentals of the game. Cycling through different stations, campers learn the finer points of the game in a fun and safe environment.

Balls-n-Strikes Baseball Camp (Ages 9-12)

This program focuses on taking ballplayers to the next level with skill-specific teaching stations. Campers will rotate through drills consisting of hitting, pitching, fielding, agility, run-downs, bunting, base running, cut-offs and relays, plus much more.

WWW.BNSSPORTS.US

Campers should bring

hat, glove and bat
(Please label all equipment)

2011 Summer Camps

Please mail completed form with check to
826 B Enterprise Drive, Cape Girardeau, MO 63701

Name _____ Birthdate ____/____/____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Daytime Phone _____

Cell Phone _____ Email _____

Parent/Guardian Name & Signature _____

Group me with:

1) _____

2) _____

3) _____

I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at camp. I agree to abide by the rules and regulations of the camp.

Position(s): P C 1B 2B 3B SS OF

T-Shirt: YM YL S M L XL

Baseball Camps

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|--|---|
| <p>June 7-8</p> <p><input type="checkbox"/> Sikeston Recreation Complex</p> | <p>June 14</p> <p><input type="checkbox"/> Poplar Bluff Recreation Complex</p> |
| <p>June 21-22</p> <p><input type="checkbox"/> Shawnee Sports Complex</p> | <p>June 28</p> <p><input type="checkbox"/> Perryville Sports Complex</p> |

Softball Camps

- | | |
|---|---|
| <p>June 17</p> <p><input type="checkbox"/> Sikeston Recreation Complex</p> | <p>June 23</p> <p><input type="checkbox"/> Poplar Bluff Recreation Complex</p> |
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