



# Holiday Camps

Cost **\$40**  
per camp

Celebrate the National Holidays with your favorite National Pastime at Balls-n-Strikes! Join our staff of certified instructors as they take you through a series of teaching rotations including hitting, pitching, fielding, game strategies, and cageball! Players will be grouped in six based on age with one instructor. All instructors have a minimum of collegiate level playing experience. Register individually or as a group/team.

## Martin Luther King, Jr. Day (January 16, 2012)

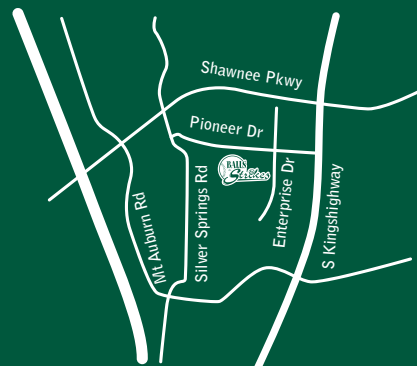
Session 1 9:00 am – 11:30 am

Session 2 12:30 pm – 3:00 pm

## Presidents' Day (February 20, 2011)

Session 1 9:00 am – 11:30 am

Session 2 12:30 pm – 3:00 pm



# Spring Break Hit Camp Cost \$55

This popular program focuses on fundamental hitting development. Players in groups of six will be rotating with one instructor through several hitting stations throughout the day learning new drills to improve their hitting. Our staff of certified instructors is set to go with a structured outline that will build from the first day to the second day. Register individually or as a group/team. Limited space is available.

## March 13–14 (Tuesday and Wednesday)

Session 1 9:30 – 11:30 am

Session 2 12:00 pm – 2:00 pm

## March 20–21 (Tuesday and Wednesday)

Session 1 9:30 – 11:30 am

Session 2 12:00 pm – 2:00 pm



For more information visit [www.bnssports.us](http://www.bnssports.us)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Birthdate \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Phone H \_\_\_\_\_ Email \_\_\_\_\_

Phone C \_\_\_\_\_ Phone W \_\_\_\_\_

Group Me With \_\_\_\_\_

Parent/Guardian Name & Signature \_\_\_\_\_

I hereby authorize the director of the Balls-n-Strikes camp/program to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp/program. I will be responsible for any medical or any other charges in connection with his/her attendance in this camp/program. I agree to abide by the rules and regulations of the camp/program.

**Balls-n-Strikes Cape Girardeau**  
**826 Enterprise Dr**  
**Cape Girardeau, MO 63701**  
**P: 573.803.1099**

## Holiday Camps

Session

☐ Session 1

☐ Session 2

Camp

☐ Martin Luther King, Jr. Day

☐ Presidents' Day

## Spring Break Hit Camp

Session

☐ Session 1

☐ Session 2