



SUMMER CAMPS

For more information, call us or visit us online
573.803.1099 www.bnssports.us/capegirardeau.php

BALLS-N-STRIKES SUMMER CAMP (AGES 5-8)

This dynamic program is loaded with drills to stress the FUN-damentals of the game. Campers will cycle through teaching stations each day featuring hitting, throwing, fielding, base running and agility. The Rookie Camp focuses on teaching ballplayers sportsmanship, camaraderie, and the right way to play the game.

BALLS-N-STRIKES SUMMER CAMP (AGES 9-12)

This program focuses on taking ballplayers to the next level with skill-specific teaching stations. Campers will rotate through drills consisting of hitting, pitching, fielding, agility, run-downs, bunting, base running, cut-offs and relays, plus much more.

**All camps end each camp day with a World Series game!*

May 21-22	CAPE GIRARDEAU Cape Central High School 9am - noon	\$85 - Individual \$75 - Team
May 29	SIKESTON (HITTING CAMP) Clinton Complex 9am - 1pm	\$65 - Individual \$55 - Team (9 player minimum)
June 4	CAMPBELL City Park 9am - 2pm	\$70 - Individual \$60 - Team
June 11	POPLAR BLUFF McLane Park 9am - 11:30am, noon-2:30pm (bring bag lunch and drinks)	\$80 - Individual \$70 - Team (9 player minimum)
June 18, 19	SIKESTON Clinton Complex 9am - noon	\$85 - Individual \$75 - Team
June 25, 26	CAPE GIRARDEAU Cape Central High School 9am - noon	\$85 - Individual \$75 - Team
July 9, 10	CAPE GIRARDEAU* Cape Central High School 9am - noon *SKILLS GAME CAMP Competitions in numerous skills. Developing fun ways to learn! Also including a Home Run Derby!	\$90 - Individual \$80 - Team

CAMPERS SHOULD BRING:

HAT, GLOVE, BAT (LABEL ALL EQUIPMENT)

2013 SUMMER CAMPS

Please mail completed form with check to: **Balls-n-Strikes Summer Camps • 826 B Enterprise Dr • Cape Girardeau, MO 63701 • 573.803.1099**

Name _____	Birthdate _____ / _____ / _____	Group me with:	CAMP TYPE: <input type="checkbox"/> Summer Camp (Ages 5-8) <input type="checkbox"/> Summer Camp (Ages 9-12)
Address _____		1) _____	
City _____	State _____	Zip _____	
Home Phone _____	Daytime Phone _____	2) _____	
Cell Phone _____	Email _____	3) _____	
Parent/Guardian Name & Signature _____			
<small>I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at camp. I agree to abide by the rules and regulations of the camp.</small>			
SESSIONS:	May 21-22 <input type="checkbox"/> Cape Girardeau	May 29 <input type="checkbox"/> Sikeston	June 4 <input type="checkbox"/> Campbell
	June 11 <input type="checkbox"/> Poplar Bluff	June 18, 19 <input type="checkbox"/> Sikeston	June 25, 26 <input type="checkbox"/> Cape Girardeau
		July 9, 10 <input type="checkbox"/> Cape Girardeau	