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| |  |  |  | | --- | --- | --- | | |  | | --- | |  |  |  | | --- | | Balls-N-Strikes  [**Visit our Website!**](http://r20.rs6.net/tn.jsp?e=001VxRbHJu64kzkndrHb2OLJr4jDDidPYM4aYvJmqVbtZvjJggypZbieXWTdXDqx3QNcX1cw3esd7d4InIwjtWDsw7iN-Q1Fr4Jt2CUjBo7aAs=)**www.bnssports.us**  (September) Open Hitting/Wednesday nights 7:30 -8:30pm  Cost: $15.00 per athelete  Ages 8yrs-14yrs | | |  | | |  | | --- | | Hello!  This is Todd Pennington with Balls-N-Strikes in Cape Girardeau.  Fall baseball is approaching!  If your having some trouble with your swing, or your just not getting enough swings, this could be your answer.  A cheap and easy way to do both. | | | |  | | --- | | Our open hitting sessions are open Wednesday nights from 7:30pm to 8:30pm for $15.00per athlete.  Bring your batting gloves and be ready to go through hitting drills, front toss, and overhand pitching from your hitting coach.  Your hitting coach can also help your through your mental approach, stance and swing.  Let us help you have a good fall season! | | | |  | | --- | | Thank you, and make sure you remember to prepare yourself, and you can be great!  Sincerely, |  |  | | --- | | Todd Pennington Balls -N -Strikes | | | |  | | --- | |  |  |  |  | | --- | --- | | **With our individual lessons, we can focus on what you need to be successful!**  **We have instructors waiting to help you!!**  **$10 off any 1 hour session in month of September.** |  | | **Offer Expires: 9/1 -9/30  (2013)** | | | |

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| Balls N Strikes | 826b Enterprise St | 826b enterprise | Cape Girardeau | MO | 63703 |