Holiday Camps



Celebrate the National Holidays with your favorite National Pastime at Balls-n-Strikes! Join our staff of certified instructors as they take you through a series of teaching rotations including hitting, pitching, fielding, game strategies, and cageball! Players will be grouped in six based on age with one instructor. All instructors have a minimum of collegiate level playing experience. Register individually or as a group/team.

Martin Luther King, Jr. Day (January 18, 2016)

Session 19:00 am - 11:30 amSession 212:30 pm - 3:00 pm

Presidents' Day (February 15, 2016)

Session 1 Session 2

9:00 am – 11:30 am 12:30 pm – 3:00 pm

Easter Break \$70 Hit Camp

This popular program focuses on fundamental hitting development. Players in groups of six will be rotating with one instructor through several hitting stations throughout the day learning new drills to improve their hitting. Our staff of certified instructors is set to go with a structured outline that will build from the first day to the second day. Register individually or as a group/team. Limited space is available.

March 24-25 (Thursday and Friday)

Session 1 9:00 am – 11:00 am **Session 2** 12:00 pm – 2:00 pm

For more information visit www.bnssports.us

2016 Holiday Camps / Easter Break Hit Camp

Name	
Address	
City	
State Zip	Birthdate//
Phone H	Phone W
Phone C	Email
Group Me With	
Parent/Guardian Name & Signature	

Balls-n-Strikes Cape Girardeau 826 B Enterprise Dr, Cape Girardeau, M0 63701 P: 573.803.1099

Holiday Camps

Location Cape Girardeau

Session Session 1 Session 2

Camp

I hereby authorize the director of the Balls-n-Strikes camp/program to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp/program. I will be responsible for any medical or any other charges in connection with his/her attendance in this camp/program. I agree to abide by the rules and regulations of the camp/program. amp Martin Luther King, Jr. Day Presidents' Day

Easter Break Hit Camp

Location

Session Session 1 Session 2