



# 12 Week High School Baseball Program

The Balls-n-Strikes High School Baseball Program is open to 8th graders, freshmen, sophomores, juniors and seniors. Our goal is for every player to receive a college scholarship. While there is no guarantee, we have over 1000 players playing college baseball and 121 Major League draft picks, including 22 picks from the 2009 draft. Schools include Univ. of Texas, Univ. of Arizona, Univ. of Arkansas, Wichita State, Univ. of Missouri, Missouri State, Univ. of Kansas, Univ. of Alabama, SLU, Univ. of Illinois, Southeast Missouri State, Central Missouri State, Notre Dame, Baylor, Univ. of Miami, Univ. of Mississippi and many others.

## Package 1

- 12 weeks of classes
- Good for all 8th grade thru 12th grade players
- Choose either hitting, pitching, catching or infield

~~\$695~~ **\$595**

if registered before September 15

**\$1195** Special price if registered for two packages

## Package 2

- 12 weeks of classes
- Choose either hitting, pitching, catching or infield
- Winter college and pro exposure showcase
- Most popular for the college-bound player
- **Unlimited Cape Time** for all high school program students from Nov. 1 thru May 31
- **This package has very limited-space**

**\$995**

Registrations for all packages begin **September 1**

Open to 8th graders thru high school seniors

Classes begin mid-November on Tuesdays, Thursdays or Sundays. You pick your own time slot!

121 total picks and 22 selections from the 2009 Major League draft were trained by Balls-n-Strikes instructors. **Ryan Howard**, former student of Balls-n-Strikes instructors, was the 2005 National League Rookie of the Year and 2006 National League MVP. This is the largest program for high school baseball players in the Midwest.

for more information, visit

[www.bnssports.us](http://www.bnssports.us)

The major objective of our high school program is to prepare athletes to perform at their highest level possible during the high school season when college coaches and recruiters are scouting. Our V-coach video system is used throughout the program to fine-tune the mechanics of every player. Our certified staff of instructors will teach college prep techniques/mechanics while building more confidence and improving your mental approach to the game. **Limited space available. Spots are reserved in the order they are received.**



**erik shanahan**  
univ. of arkansas  
3 yr program participant



**brannon champagne**  
univ. of missouri  
4 yr program participant



**nate GORO**  
wichita state  
4 yr program participant



## High School Baseball Program

Name \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone H \_\_\_\_\_ Phone W \_\_\_\_\_ Phone C \_\_\_\_\_

High School \_\_\_\_\_ Summer Team \_\_\_\_\_ Email \_\_\_\_\_

Parent/Guardian Name & Signature \_\_\_\_\_

I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at camp. I agree to abide by the rules and regulations of the camp.

Credit Card # (MC, VISA, Discover) \_\_\_\_\_ Exp. \_\_\_\_/\_\_\_\_

Credit Card Signature \_\_\_\_\_

### Package

- Package 1
- Package 2

### Program

- Hitting
- Pitching
- Catching
- Infield

### Location

Columbia 2100 Corporate Place, Columbia, MO, 65202

(P) 573.449.2255 (F) 573.449.2256