https://mail.google.com/mail/c/photos/public/AIbEiAIAAABECLr-zPS81KfI0wEiC3ZjYXJkX3Bob3RvKig3NDE1YTU0MTgyYzcxNjRhN2JiYzBlYTY5YjdmZWRmYjllZGIzMjI0MAFhHvXYi1mmwBd6pcxWD1fF0sVwSg?sz=32

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| |  | | --- | | NWA Balls-N-Strikes <nwaballsandstrikes@gmail.com> | |  | https://mail.google.com/mail/images/cleardot.gif  https://mail.google.com/mail/images/cleardot.gif | |
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BALLS AND STRIKES FALL PITCHING CAMP

WHERE: Fayetteville BNS

WHEN: Saturday October 5, 2013

TIME: 9:30 am to 11:00am

COST: Members $20 Non-Members $30

REGISTRATION: Email to reserve your spot to [nwaballsandstrikes@gmail.com](mailto:nwaballsandstrikes@gmail.com) include name and age and contact number

Balls and Strikes is having a fall pitching camp featuring Caleb Smith! Caleb will teach the proper throwing mechanics to help your son excel to the next level. Caleb will also demonstrate our brand new Pro-Arm Program which will help increase throwing velocity and help reduce the chance of arm injuries due to improper mechancis and muscle development.