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| NWA Balls-N-Strikes <nwaballsandstrikes@gmail.com>  |

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BALLS AND STRIKES FALL PITCHING CAMP

WHERE: Fayetteville BNS

WHEN: Saturday October 5, 2013

TIME: 9:30 am to 11:00am

COST: Members $20 Non-Members $30

REGISTRATION: Email to reserve your spot to nwaballsandstrikes@gmail.com include name and age and contact number

Balls and Strikes is having a fall pitching camp featuring Caleb Smith! Caleb will teach the proper throwing mechanics to help your son excel to the next level. Caleb will also demonstrate our brand new Pro-Arm Program which will help increase throwing velocity and help reduce the chance of arm injuries due to improper mechancis and muscle development.