

High School Preseason Baseball/Softball Camps

This 3 night a week for 8 weeks camp is designed to concentrate on the fundamental aspects of the game - hitting, fielding and throwing. Athletes will also be trained for quickness through proven speed and agility drills each session. Hitting will take place every Monday and Thursday, Wednesday will be dedicated to fielding, throwing and metal preparation.

This is the best way for your student athlete to prepare for the upcoming HS season.

24 Sessions

Every Mon Wed Thur Jan 2nd - Feb 23rd

 Baseball
 Baseball
 Softball

 4:00 5:15 6:30 7:45

 5:00pm
 6:15pm
 7:30pm
 8:45pm

PLEASE RETURN THE FORM TO THE FACILITY YOU WISH TO ATTEND OR REGISTER ONLINE AT www.bnssports.us

Balls-n-Strikes

3919 N. Hillcrest Suite 3 Bel Aire, KS 67220 P: 316.618.1300 Balls-n-Strikes

19894 W Kellogg Suite C Goddard, KS 67052 P: 316.550.6427

\$480 per player

4:1 player to instructor ratio

6 consecutive weeks

HS Preseason Baseball/Softball Camp				Send completed form with check	www.bnssports.us or credit card info to Balls-n-Strikes.
Name				Birthdate	<u> </u>
Address					
Phone HPhone W					
Phone C Email					
Guardian's Signature I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at camp. I agree to abide by the rules and regulations of the camp.					
Credit Card # (MC, VISA, Discover)				Exp	
Credit Card Signature					
Circle Your Ti Baseball 4:00- 5:00pm	me Baseball 5:15- 6:15pm	Baseball 6:30- 7:30pm	Softball 7:45- 8:45pm	Balls-n-Strikes 3919 N. Hillcrest Suite 3 Bel Aire, KS 67220 P: 316.618.1300 www.bnssports.us/bel-aire.php	Balls-n-Strikes 19894 W Kellogg Suite C Goddard, KS 67052 P: 316.550.6427 www.bnssports.us/goddard.php