

.400+
Hitters Club



DO YOU KNOW WHAT THE DIFFERENCE BETWEEN HITTING .330 AND .400 IS? THAT'S 7 HITS IN 100 AT BATS. ARE YOU WILLING TO WORK HARDER FOR THOSE 7 HITS?

This dynamic 4 week program is designed to improve your swing at the plate. At Balls-N-Strikes, our certified staff is made up of former college coaches and athletes. Our staff will work with your ball player in the following areas: Stance & Core, Stability, Swing, Timing & Synchronization, Plan at the Plate, & Reaction Time. We will help you become a better hitter through drills, instruction, and core conditioning. The player to coach ratio will be 4:1.



Class 4-April 27th-May 22nd:

Wednesdays 8-9pm & Sundays 5:30-6:30pm

Cost:

Class 4 \$160-for ages 14-18

.400+ Hitters Club T-shirt \$15

.400+ Hitters Club

Name _____ Age _____

Address _____

City _____ State _____ Zip _____

Email _____

Phone _____

Class 1 _____ Class 2 _____ Class 3 _____ Class 4 _____

T-Shirt Size _____

[Http://www.bnssports.us/sherwood.php](http://www.bnssports.us/sherwood.php)

Registration Closes on Friday, April 29th, 2011

Call to Register:

501-833-0668

or drop off form to:

Balls-N-Strikes

408 Manson Road

Suite 450

Sherwood, AR 72120