

**.400+**  
**Hitters Club**



**DO YOU KNOW WHAT THE DIFFERENCE BETWEEN HITTING .330 AND .400 IS? THAT'S 7 HITS IN 100 AT BATS. ARE YOU WILLING TO WORK HARDER FOR THOSE 7 HITS?**

This dynamic 4 week program is designed to improve your swing at the plate. At Balls-N-Strikes, our certified staff is made up of former college coaches and athletes. Our staff will work with your ball player in the following areas: Stance & Core, Stability, Swing, Timing & Synchronization, Plan at the Plate, & Reaction Time. The player to coach ratio will be 4:1.



**Class 1-May 1st-May 22nd:**

Sundays: 2-3pm

**Class 2-May 1st-May 22nd:**

Sundays: 3-4pm

**Class 3-May 1st-May 22nd:**

Sundays: 4-5pm

**Class 4-April 27th-May 22nd:**

Wednesdays 8-9pm & Sundays 5:30-6:30pm

**Cost:**

Classes 1-3 \$100-for ages 7-13

Class 4 \$160-for ages 14-18

.400+ Hitters Club T-shirt \$15

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Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Class 1 \_\_\_ Class 2 \_\_\_ Class 3 \_\_\_ Class 4 \_\_\_

T-Shirt Size \_\_\_\_\_

[Http://www.bnssports.us/sherwood.php](http://www.bnssports.us/sherwood.php)

Registration Closes on Friday, April 29th, 2011

Call to Register:

501-833-0668

or drop off form to:

Balls-N-Strikes

408 Manson Road

Suite 450

Sherwood, AR 72120