



DO YOU KNOW WHAT THE DIFFERENCE BETWEEN HITTING .330 AND .400 IS? THAT'S 7 HITS IN 100 AT BATS. ARE YOU WILLING TO WORK HARDER FOR THOSE 7 HITS?

This dynamic 4 week program is designed to improve your swing at the plate. At Balls-N-Strikes, our certified staff is made up of former college coaches and athletes. Our staff will work with your ball player in the following areas: Stance & Core, Stability, Swing, Timing & Synchronization, Plan at the Plate, & Reaction Time. The player to coach ratio will be 4:1.



Cost:

Classes 1-3 \$100-for ages 7-13

There will be no class July 3rd or 4th

.400+ Hitters Club T-shirt \$15

Class 1-June 12th-July 10th:

Sundays: 2-3pm

Class 2-June 12th-July 10th:

Sundays: 3-4pm

Class 3-June 12th-July 10th:

Sundays: 4-5pm

Class 4-June 13th-July 11th:

Mondays: 7-8pm

<u>.400+ Hitters Club</u>				
Name		Age		
Address				_
City		_State_	Zip	_
Email				_
Phone				_
Class 1	Class 2	2 Cla	ss 3 Class 4	_
T_Shirt Si	_ i7e			

Http://www.bnssports.us/sherwood.php

Registration Closes on Wednesday, June 8, 2011
Call to Register:
501-833-0668
or drop off form to:
Balls-N-Strikes
408 Manson Road
Suite 450
Sherwood, AR 72120