



**DO YOU KNOW WHAT THE DIFFERENCE BETWEEN HITTING .330 AND .400 IS? THAT'S 7 HITS IN 100 AT BATS. ARE YOU WILLING TO WORK HARDER FOR THOSE 7 HITS?**

This dynamic 4 week program is designed to improve your softball swing at the plate. At Balls-N-Strikes, our certified staff is made up of former college coaches and athletes. Our staff will work with your ball player in the following areas: Stance & Core, Stability, Swing, Timing & Synchronization, Plan at the Plate, & Reaction Time. The player to coach ratio will be 4:1.



**Class 1-October 16th-November 6th:**

Sundays: 2-3pm

**Class 2-October 16th-November 6th::**

Sundays: 3-4pm

**Cost:**

Classes 1-2 \$99-for ages 7-14

Four 1 hour sessions

.400+ Hitters Club T-shirt \$15

**Line Drive Club**

Name \_\_\_\_\_ Age \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_  
Phone \_\_\_\_\_

Class 1 \_\_\_\_\_ Class 2 \_\_\_\_\_

T-Shirt Size \_\_\_\_\_

[Http://www.bnssports.us/sherwood.php](http://www.bnssports.us/sherwood.php)

Registration Closes on Friday, October 14th, 2011

Call to Register:

501-833-0668

or drop off form to:

Balls-N-Strikes

408 Manson Road

Suite 450

Sherwood, AR 72120

\*Limited space available