

4 WEEK CATCHING

MINI-CAMP

BALLS
-N-
Strikes featuring
Rick Guarno

Playing Experience

-Played 2 years at UMBC, playing in 2001 NCAA Regional

-Played 1 year at UALR -1st Team All-Sunbelt Conference catcher

-2nd-Team All-South Central Region catcher

-Drafted in 4th round by the Colorado Rockies in 2003

-Played professionally for 7 years, reaching Triple-A

-Assistant Coach at UALR



Cost
\$99

Ages
7-14

Class 1-October 18th-November 8th:

Tuesdays: 6:30-7:30pm

Class 2-October 18th-November 8th:

Tuesdays: 7:30-8:30pm

Join Coach Rick Guarno and the Balls-N-Strikes catching staff for this all inclusive 4 week catchers camp. The players will meet for one hour, once a week for four weeks. The staff will cover catching mechanics from receiving, footwork, throwing out runners, giving signs, and more. There will be a 4-1 player to coach ratio.

4 WEEK Catching Camp

Name _____ Age _____

Address _____

City _____ State _____ Zip _____

Email _____

Phone _____

Cash _____ Check _____ Credit _____

Class 1 _____ Class 2 _____

[Http://www.bnssports.us/sherwood.php](http://www.bnssports.us/sherwood.php)

Registration Closes on Friday, October 14, 2011

Call to Register:

501-833-0668

or drop off form to:

Balls-N-Strikes

408 Manson Road

Suite 450

Sherwood, AR 72120

*Limited Space Available