

.400+
Hitters Club



DO YOU KNOW WHAT THE DIFFERENCE BETWEEN HITTING .330 AND .400 IS? THAT'S 7 HITS IN 100 AT BATS. ARE YOU WILLING TO WORK HARDER FOR THOSE 7 HITS?

This dynamic 4 week program is designed to improve your swing at the plate. At Balls-N-Strikes, our certified staff is made up of former college coaches and athletes. Our staff will work with your ball player in the following areas: Stance & Core, Stability, Swing, Timing & Synchronization, Plan at the Plate, & Reaction Time. The player to coach ratio will be 5:1.



Cost:

Classes 1-2 \$99-for ages 7-12

Four 1 hour sessions

Class 1-September 9th-30th:

Sundays: 2-3pm

Class 2-September 9th-30th

Sundays: 3-4pm

PRIVATE GROUPS

If you have 4 –5 players and would like to set up a 4 week program on different nights, contact the BNS Staff!

.400+ Hitters Club

Name _____ Age _____

Address _____

City _____ State _____ Zip _____

Email _____

Phone _____

Class 1 ___ Class 2 ___

501BASEBALL.COM

Registration Closes on Friday, September 7th, 2012

Call to Register:

501-833-0668

or drop off form to:

Balls-N-Strikes

408 Manson Road

Suite 450

Sherwood, AR 72120