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|   **.400 +****HITTERS CLUB** |

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| **DO YOU KNOW WHAT THE DIFFERENCE BETWEEN HITTING .330 & .400 IS?THAT'S 7 HITS IN 100 AT BATS.ARE YOU WILLING TO WORK HARDER FOR THOSE 7 HITS?** |

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| This dynamic 4 week program is designed to improve your swing at the plate.  At Balls N Strikes, our staff is made up of ex Professional players, college players and coaches.  We will train you in the following areas: Stance & Core, Stability, Swing, Timing & Synchronization, Plan at the Plate, and Reaction Time.  |

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| 4 WEEK PROGRESSIVE PROGRAM 2 CLASSES PER WEEKCLASSES: WEDNESDAY 6-7 or 7-8                SATURDAY 12-1 or 1-2 |

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| Session 1          10/15-11/8Session 2          11/12-12/6Session 3          12/10-1/3Session 4          1/7-1/31Session 5          2/4-2/28Session 6          3/4-3/28  |

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