

.400+ Hitters Club



DO YOU KNOW WHAT THE DIFFERENCE BETWEEN HITTING .330 AND .400 IS? THAT'S 7 HITS IN 100 AT BATS. ARE YOU WILLING TO WORK HARDER FOR THOSE 7 HITS?

This dynamic 4 week program is designed to improve your swing at the plate. At Balls-N-Strikes, our certified staff is made up of former college coaches and athletes. Our staff will work with your ball player in the following areas: Stance & Core, Stability, Swing, Timing & Synchronization, Plan at the Plate, & Reaction Time. We will help you become a better hitter through drills, instruction, and core conditioning. The player to coach ratio will be 4:1.



Class starts November 2nd:

Mondays & Thursdays 6-7pm

Cost:

\$99

.400+ Hitters Club T-shirt \$20

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Name _____ Age _____

Address _____

City _____ State _____ Zip _____

Email _____

Phone _____

Class 1 _____

T-Shirt Size _____

[Http://www.bnssports.us/sherwood.php](http://www.bnssports.us/sherwood.php)

Registration Closes on Sunday, November 1st

Call to Register:

501-833-0668

or drop off form to:

Balls-N-Strikes

408 Manson Road

Suite 450

Sherwood, AR 72120