

# .400 + Hitters Club



**DO YOU KNOW WHAT THE DIFFERENCE BETWEEN HITTING .330 AND .400 IS? THAT'S 7 HITS IN 100 AT BATS. ARE YOU WILLING TO WORK HARDER FOR THOSE 7 HITS?**

This dynamic 4 week program is designed to improve your swing at the plate. At Balls-N-Strikes, our certified staff is made up of former college coaches and athletes. Our staff will work with your ball player in the following areas: Stance & Core, Stability, Swing, Timing & Synchronization, Plan at the Plate, & Reaction Time. We will help you become a better hitter through drills, instruction, and core conditioning. The player to coach ratio will be 4:1.



**Class starts October 5th:**

**Mondays & Thursdays 6-7pm**

**Cost:**

**\$99**

**.400+ Hitters Club T-shirt \$20**

**.400+ Hitters Club**

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Class 1 \_\_\_\_\_

T-Shirt Size \_\_\_\_\_

[Http://www.bnssports.us/sherwood.php](http://www.bnssports.us/sherwood.php)

Registration Closes on Sunday, October 4th

Call to Register:

501-833-0668

or drop off form to:

Balls-N-Strikes

408 Manson Road

Suite 450

Sherwood, AR 72120