



# BASEBALL HITTING CAMP

Are you brave enough to venture out for the rush that is Black Friday on November 27th? Do you need someone to watch your kids for you? If yes, then Balls-N-Strikes is the place for you. Our staff is hosting a dynamic hitting camp that will be filled with instruction & fun for every player! The camp will include instruction on your players swing, stance, approach at the plate as well as timing. We will also be giving people information sheets on different drills that they can take home with them to work on their swing outside their practices. After the camp is over we will be offering an introductory course on our speed and agility class for only 10 dollars more.

**AGES 7-14**

**\$30**

**Nov 27th**

**10-12:30pm**

<p style="text-align: center;"><u>Hitters Camp</u></p> <p>Name _____</p> <p>Age _____</p> <p>Email _____</p> <p>Phone _____</p> <p>Additional Speed Camp: Yes ___ No ___</p> <p><a href="http://www.bnssports.us/sherwood.php">Http://www.bnssports.us/sherwood.php</a></p>	<p>Registration Closes on Wed, November 25th, 2015</p> <p>Call to Register: 501-833-0668 or drop off form to: Balls-N-Strikes 408 Manson Road Suite 450 Sherwood, AR 72120 *Limited Space Available</p>
---	---