

# All Skills Training Program



The Balls-N-Strikes All Skills Training Program focuses on fundamental development. The success of this program has been proven through player results over the last several years. The program will focus on the proper mechanics of fielding, pitching, base running and hitting. Our Balls-N-Strikes training staff is made up of former professional players as well as former college coaches and athletes. Enrolling your son or daughter in this program will help them create a solid foundation in which to build their skills upon.

**Starts: April 10th**  
**Ends: May 15th**

## 6 Week Program

Every Sunday

Skills  
Fielding  
Hitting  
Pitching  
Base Running

### Session 1:

Sundays: 2-3pm

### Session 2:

Sundays: 3-4pm

### Session 3:

Sundays: 4-5pm

### Cost:

\$175

### All Skills Training Program

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Session 1 \_\_\_\_\_ Session 2 \_\_\_\_\_ Session 3 \_\_\_\_\_

[Http://www.bnssports.us/sherwood.php](http://www.bnssports.us/sherwood.php)

Registration Closes on Friday, April 8th, 2011

Call to Register:

501-833-0668

or drop off form to:

Balls-N-Strikes

408 Manson Road

Suite 450

Sherwood, AR 72120

\*Limited Space Available