



SUMMER CAMP 2011



www.BNSSPORTS.US
 Phone: 314.845.2255
 Fax: 314.845.2263

Prices

- \$139 Regular Registration
- \$129 Early Registration (May 8)
2 or more siblings registering
groups of 6 or more
- \$115 Registering for 2 or more camps

*All camps end each camp day with a World Series game!

*All campers receive a free t-shirt!

Balls-n-Strikes Summer Camp (Ages 5-8)

This dynamic program is loaded with drills to stress the FUN-damentals of the game. Campers will cycle through teaching stations each day featuring hitting, throwing, fielding, base running and agility. The Rookie Camp focuses on teaching ballplayers sportsmanship, camaraderie, and the right way to play the game.

Balls-n-Strikes Summer Camp (Ages 9-12)

This program focuses on taking ballplayers to the next level with skill-specific teaching stations. Campers will rotate through drills consisting of hitting, pitching, fielding, agility, run-downs, bunting, base running, cut-offs and relays, plus much more.

Major Select Level Camp (Ages 8-12)

The Major Select Level Camp is geared towards the National or Major level baseball player. Campers will be taken through an intense camp of drills and skills focusing on core fundamental development. The finer aspects of the game will be covered targeting individual development and game situations.

Softball Camp (Ages 5-12)

This program focuses on teaching the FUN-damentals of the game. Cycling through different stations, campers learn the finer points of the game in a fun and safe environment.

June 6-9	Clydesdale Park
June 13-16	Arnold Athletic Association
June 20-23	Affton Athletic Association
June 27-30	Clydesdale Park
July 11-14	Affton Athletic Association
July 18-21	Beat-the-Heat Inside BNS (BNS South County Facility)

Major Select Camps

June 20-23
June 27-30

Softball Camps

June 13-16
July 11-14

Campers should bring

hat, glove, bat, sack lunch,
water bottle, sunscreen
(Please label all equipment)

Details

Camps run 9 a.m.-1 p.m.
Monday-Thursday (Friday is the rain make-up day)

2011 Summer Camps

Please mail completed form with check or credit card info to
 Balls-n-Strikes Summer Camps • 11133 Lindbergh Business Ct. • St. Louis, MO 63123

Name _____ Birthdate ____/____/____
 Address _____
 City _____ State _____ Zip _____
 Home Phone _____ Daytime Phone _____
 Cell Phone _____ Email _____
 Parent/Guardian Name & Signature _____

Group me with:
 1) _____
 2) _____
 3) _____

I hereby authorize the director of the Balls-n-Strikes camp to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp. I will be responsible for any medical or any other charges in connection with his attendance at camp. I agree to abide by the rules and regulations of the camp.

Credit Card # (MC, VISA, Discover) _____ Exp. ____/____/____

Credit Card Signature _____

Position(s): P C 1B 2B 3B SS OF **T-Shirt:** YM YL S M L XL

Baseball Camp Type:
 Summer Camp (Ages 5-8)
 Summer Camp (Ages 9-12)
 Major Select Camp (Ages 8-12)

June 6-9 ■ Clydesdale Park	June 13-16 ■ Arnold Athletic Association	June 20-23 ■ Affton Athletic Association
June 27-30 ■ Clydesdale Park	July 11-14 ■ Affton Athletic Association	July 18-21 ■ BNS South County

Softball Camps

June 13-16 ■ Arnold Athletic Association
July 11-14 ■ Affton Athletic Association