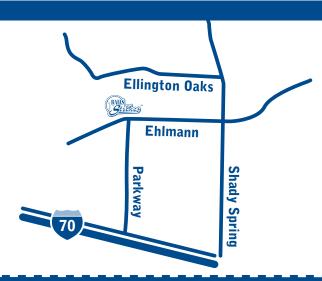


6-Week Training Class

The Balls-n-Strikes Baseball Training Program focuses on fundamental development. The success of this program has been proven through player results over the last several years. Players select hitting, pitching, catching or fielding for the ENTIRE 6-week program.

The program is designed for players between the ages of 5 and 13 and incorporates graduation levels so players can build week-to-week and stay on track during these important fundamental development years. Players will be divided into groups of four based on age and ability.

January	Sundays (3-4 pm, 4-5 pm, 5-6 pm)	1-13	1-20	1-27	2-3	2-10	2-17
	Mondays (5-6 pm, 6-7 pm)	1-14	1-21	1-28	2-4	2-11	2-18
	Wednesdays (5-6 pm, 6-7 pm)	1-16	1-23	1-30	2-6	2-13	2-20
	Saturday (9-10 am, 10-11 am, 11-12 pm)	1-19	1-26	2-2	2-9	2-16	2-23
March	Sundays (3-4 pm, 4-5 pm, 5-6 pm)	2-24	3-3	3-10	3-17	3-24	3-31
	Mondays (5-6 pm, 6-7 pm)	2-25	3-4	3-11	3-18	3-25	4-1
	Wednesdays (5-6 pm, 6-7 pm)	2-27	3-6	3-13	3-20	3-27	4-3
	Saturday (9-10 am, 10-11 am, 11-12 pm)	3-2	3-9	3-16	3-23	3-30	4-6
April	Sundays (3-4 pm, 4-5 pm, 5-6 pm)	4-14	4-21	4-28	5-5	5-12	5-19
	Mondays (5-6 pm, 6-7 pm)	4-15	4-22	4-29	5-6	5-13	5-20
	Wednesdays (5-6 pm, 6-7 pm)	4-17	4-24	5-1	5-8	5-15	5-22



Balls-n-Strikes St. Charles

4160 Ehlmann Drive St. Peters, MO 63376 P: 636.474.2255

F: 636.922.9293

\$175 per player

4:1 player to instructor ratio

6 consecutive weeks

-Week Training (Class Sen	nd completed form with check or	credit card info to: 4160 Ehl	www.bnssports.us Imann Drive, St. Peters, MO 63376
Name			Birthdate	
Address				
City			Zip	
Phone H		Phone W		
Phone C		Email		
I hereby authorize the director of the Balls-n-Strikes camp to act for me a participate in this camp. I will be responsible for any medical or any other	charges in connection with his attendance	e at camp. I agree to abide by the rules and re	egulations of the camp.	
Credit Card # (MC, VISA, Discover)				/////
Credit Card Signature		3 Digit Code	Group Me With:	
Program: ☐ Hitting ☐ Fielding	Month: ☐ Sep ☐ Nov ☐ Jan ☐ Feb ☐ Apr		Day: Saturday	
☐ Pitching ☐ Catching		m □ 10–11 am □ 11–1 □ 5–6 pm □ 6–7		☐ Sunday ☐ Monday ☐ Wednesday