



# Holiday Camps

Cost \$50

Celebrate the National Holidays with your favorite National Pastime at Balls-n-Strikes! Join our staff of certified instructors as they take you through a series of teaching rotations including hitting, pitching, fielding, game strategies, and cageball! Players will be grouped in six based on age with one instructor. All instructors have a minimum of collegiate level playing experience. Register individually or as a group/team.

## Martin Luther King Day (January 18, 2009)

Session 1 9:00 am – 11:30 am  
Session 2 12:30 pm – 3:00 pm

## Presidents' Day (February 15, 2009)

Session 1 9:00 am – 11:30 am  
Session 2 12:30 pm – 3:00 pm

Balls-n-Strikes Ballwin  
203B Ramsey Lane  
Ballwin, MO 63021  
P: 636.394.2255  
F: 636.394.2256

Balls-n-Strikes Fenton  
815 Sun Park Suite B  
Fenton, MO 63026  
P: 636.343.2256  
F: 636.326.1290

Balls-n-Strikes O'Fallon  
1071 Cool Springs Ind. Dr.  
O'Fallon, MO 63366  
P: 636.474.2255  
F: 636.474.2256

Balls-n-Strikes Westport  
11645 Northline Ind. Blvd.  
Maryland Heights, MO 63043  
P: 314.890.2255  
F: 314.993.2201



# Spring Break Hit Camp Cost \$70

This popular program focuses on fundamental hitting development. Players in groups of six will be rotating with one instructor through several hitting stations throughout the day learning new drills to improve their hitting. Our staff of certified instructors is set to go with a structured outline that will build from the first day to the second day. Register individually or as a group/team. Limited space is available.

## March 16–17 (Tuesday and Wednesday)

Session 1 9:30 – 11:30 am  
Session 2 12:30 pm – 2:30 pm

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Balls-n-Strikes

### STRIKE 3 GUARANTEE

1. Provide the highest quality instruction
2. Provide the highest level of organization
3. Be fun for all participants



For more information visit [www.bnssports.us](http://www.bnssports.us)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_  
Phone H \_\_\_\_\_ Phone W \_\_\_\_\_  
Phone C \_\_\_\_\_ Email \_\_\_\_\_

Parent/Guardian Name & Signature \_\_\_\_\_

I hereby authorize the director of the Balls-n-Strikes camp/program to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp/program. I will be responsible for any medical or any other charges in connection with his/her attendance in this camp/program. I agree to abide by the rules and regulations of the camp/program.

Credit Card # (MC, VISA, Discover) \_\_\_\_\_ Exp \_\_\_\_/\_\_\_\_

Credit Card Signature \_\_\_\_\_

### Holiday Camps

Location

- Ballwin, MO
- Fenton, MO
- O'Fallon, MO
- Westport, MO

Session

- Session 1
- Session 2

### Spring Break Hit Camp

Location

- Ballwin, MO
- Fenton, MO
- O'Fallon, MO
- Westport, MO

Session

- Session 1
- Session 2

Send completed form with check or credit card info to the training facility of choice. See above for address.