

SPRING BREAK HIT CAMP



This popular program for the serious hitter focuses on fundamental hitting development. Players in groups of six will be rotating with one instructor through several hitting stations throughout the day learning new drills to improve their hitting. Our staff of certified instructors is set to go with a structured outline that will build from the first day to the second day. Register individually or as a group/team. Limited space is available so call today to register and don't miss out on this dynamic program!

Cost

\$70 per session

6 Players per Group

Register Individually or as a Group/Team

Sessions

March 18-19
Tuesday & Wednesday

Session 1 1:00pm-3:00pm
Session 2 1:00pm-3:00pm

March 25-26
Tuesday & Wednesday

Session 3 1:00pm-3:00pm
Session 4 1:00pm-3:00pm

Locations

Balls-n-Strikes Ballwin
203B Ramsey Lane
Ballwin, MO 63021
P: 636.394.2255
F: 636.394.2256

Balls-n-Strikes O'Fallon
1071 Cool Springs Ind. Dr
O'Fallon, MO 63366
P: 636.474.2255
F: 636.474.2256

Balls-n-Strikes Westport
11645 Northline Ind. Blvd
Maryland Heights, MO 63043
P: 314.890.2255
F: 314.993.2201

Balls-n-Strikes STRIKE 3 GUARANTEE

1. Provide the highest quality instruction
2. Provide the highest level of organization
3. Be fun for all participants

www.bnssports.us

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Send completed form with check or credit card info to the training facility of choice. See above for address.

Name _____ Birthdate _____ / _____ / _____

Address _____

City _____ State _____ Zip _____

Phone H _____ Phone W _____

Phone C _____ Email _____

T-shirt Size: YS YM YL S M L

Parent/Guardian Name & Signature _____

I hereby authorize the director of the Balls-n-Strikes camp/program to act for me according to his/her best judgment in an emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in this camp/program. I will be responsible for any medical or any other charges in connection with his/her attendance in this camp/program. I agree to abide by the rules and regulations of the camp/program.

Credit Card # (MC, VISA, Discover) _____ Exp _____ / _____

Credit Card Signature _____

Location

- Ballwin, MO
 O'Fallon, MO
 Westport - St. Louis, MO

Session

- Session 1 Session 2
 Session 3 Session 4

Position(s)

- 1B 2B 3B SS
 OF P C

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